

## Sustainable Sewing: Mending Workshop Supply List

## Materials:

- Sewing needles
- Straight pins
- Darning needles
- Yarn needles
- Darning mushroom (or you can improvise this darning tool with an orange, a grapefruit, a ladle, anything of a similar size and shape)
- Sewing thread of your choice
- Embroidery floss of your choice
- A pencil and/or pen

## **Optional Materials:**

- Seam ripper
- Fabric and paper scissors
- Yarn of your choice
- Scraps of fabric, ribbons, string, and any other textile materials that you wish to reuse
- Needle felting kit (romniwools.ca/products/needle-felting-kit) and wool roving of your choice
- Ruler

**Note:** Where possible, use materials you already have. Most supplies can also be bought at **Leather & Sewing Supply Depot** (206 Spadina Ave) and **Trillium Button Inc.** (480 Queen St W) near OCAD U in Toronto.